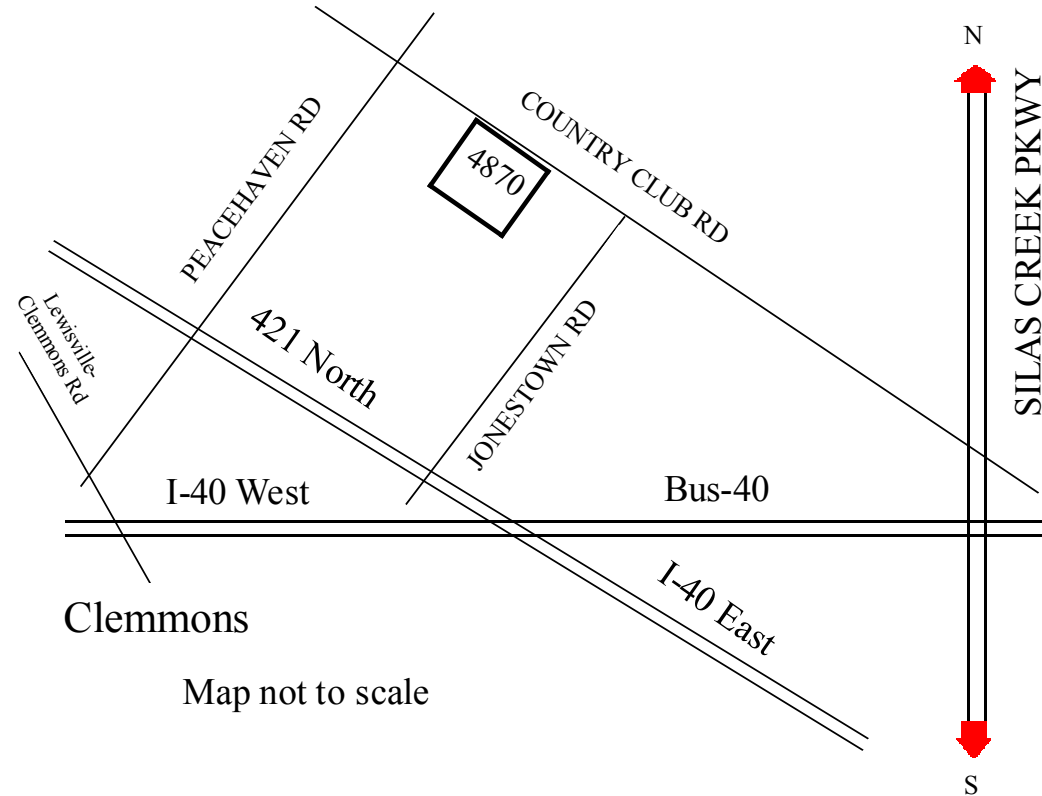


Where Confidence Soars



Salem Gymnastics
Sports Center
4870 Country Club Road
Winston-Salem, NC, USA 27104
phone (336) 765-4668
fax (336) 760-3337

(between Peace Haven and Jonestown Roads, across from Duke's Restaurant)



From Statesville: Take Interstate 40 East – Exit 184, Clemmons, turn Left. Turn Right at first light after intersection on Peace Haven Road. Turn Right at light on Country Club Road (approx. 4 miles). Gym is 2 blocks on the Right.

From Greensboro and US-52 South: Take Interstate 40 West (** separate directions for Business 40) – Exit 188, US 421 North. Take 2nd exit 239 Jonestown Rd., turn Right. Turn Left at 2nd light on Country Club Road. Gym is 2 blocks on Left.

**** From Downtown Winston-Salem: Take Business I-40 West** - Exit US-421 North. Take 1st Exit 239 Jonestown Road. Turn Right. Left at 2nd light on Country Club Road. Gym is 2 blocks on Left.

From Boone and North Wilkesboro: Take US 421 South – Exit 240 Peace Haven Rd., turn Left. Turn Right at first light (Country Club Road). Gym is 2 blocks on the Right.

From Mount Airy: Take US 52 South - exit University Pkwy South. Turn Right on Silas Creek Pkwy and follow directions.

From Silas Creek Pkwy. and points north.- From either direction on Silas Creek Pkwy. Exit Country Club Road. Turn Right. Gym is 2 miles on the Left.

From Salem Gymnastics on Margaret St. - Cross Stratford Rd on Healy Dr. to end. Turn Left on Country Club Road. Gym is 3 blocks on Left.